



# IASMCON 2024

**AN ANNUAL CONFERENCE OF INDIAN ASSOCIATION OF SPORTS MEDICINE**

Venue: Academic Block, SMS Medical College, Jaipur

Date: .16th-18th February 2024

Dear Friends

Welcome to IASMCON 2024 - the ultimate platform for comprehensive education in sports medicine! From February 16th to 18th 2024, this congress is designed to empower a diverse audience, including sports orthopedic surgeons enhancing their surgical and post-surgery expertise, sports physiotherapists honing their skills, strength and conditioning coaches staying at the forefront of their field, sports personnel gaining valuable insights, physical education experts expanding their knowledge base, sports nutritionists exploring the latest trends, and more.

IASMCON, hosted by leading experts and practitioners, promises an engaging platform for knowledge exchange, networking, and collaboration. Explore the latest research, innovative technologies, and transformative approaches that are shaping the future of sports healthcare

Join us for three days of immersive learning, collaboration, and innovation, as we collectively strive to elevate the standards of sports healthcare.

The congress will feature esteemed national and international faculties renowned for their expertise. Attendees can engage in hands-on workshops, witness surgical demonstrations, and participate in educational panels.

Moreover, IASMCON 2024 is accredited by several national and international organizations, ensuring the highest standards of education and professional development.

## SCIENTIFIC PROGRAMME

### Day One - February 16, 2024: Pre-conference Workshops

#### → Sports Taping Hands-On Workshop:

- Explore the art of sports taping for injury prevention and athlete support.
- Gain practical skills through hands-on training.

#### → Basic Life Support Hands-On Training Workshop:

- Equip yourself with essential life-saving techniques tailored for sports settings.
- Participate in interactive hands-on sessions for practical learning.

#### → Team Physician Course:

- Delve into the intricacies of team-based care in sports medicine.
- Learn from experienced professionals in an engaging workshop format.

#### → Sports Rehab Course:

- Enhance your expertise in sports rehabilitation.
- Participate in practical sessions to apply rehabilitation techniques.

### Days Two and Three - February 17-18, 2024: Parallel Sessions

#### → Sports Medicine Congress:

- Engage in insightful discussions with sports medicine and sports science professionals.
- Share research findings and explore advancements in the field.

#### → Sports Orthopaedic Session:

- Tailored for practicing orthopaedic surgeons.
- Delve into specialized topics to enhance surgical skills and expertise in orthopaedics.

#### → Free Papers and Poster presentations

Join us for an enriching experience at IASMCON 2024, where diverse expertise converges for the advancement of sports healthcare.

## SPORTS SCIENCES FOR ALL

### IF YOU ARE:

Sports medicine doctor, Medical graduate, Physical education personal, Physiotherapist, Exercise trainer/Coach/Player, Psychologist/Nutritionist, Sports law and sports journalism, Sports Manager/Administrator, Gym Trainer - Update and Excel your Knowledge about sports Medicine & Sports Sciences .

## CORE COMMITTEE

### Patron

Dr. R C Banshiwal

### Org. Chairman

Dr. Vikram Sharma

### Co Org. Chairmen

Dr. Kapil Dev Garg  
Dr. Mukesh Aswal  
Dr. Prashant Modi  
Dr. Ravinder Lamoria  
Dr. Rajat Jangir

### Org. Secretaries

Dr. Mahesh Sahu ( PT )  
Dr. Atul Singh (PT)  
Dr. BM Jha (PT )

### IASM Office bearers

Dr. Jaspal Sandhu (Patron IASM)

Dr. Vikram Sharma ( President IASM)

Dr. Shweta Shenoï (Sec General IASM)

Dr. S Arumugham (Past President IASM )

## TENTATIVE TOPICS TO BE COVERED

- Exercise Physiology and Kinesiology
- Sports specific Injuries- Cricket, Football Running injuries
- Advancement in Sports medicine
- Advance treatment options of Sports Injuries
- Dealing with Overuse injuries and cartilage issues
- Most Reputed Platform for research papers & poster presentations
- Sports injuries prevention, treatment and rehabilitation
- Diagnosis of common sports Injuries & How to deal with same
- Sports Nutrition
- Role and uses guidelines of nutritional supplements
- Anti Doping in Sports
- Performance Enhancement and Sports science Lab
- Surgical Tips and tricks for Ortho surgeons

## REGISTRATION DETAILS

Category	Early Bird till 31st Dec. 2023	Late Raiser 10th Feb. 2024	After 11th Feb. 2024 & Spot
Professionals	2000	3000	3500
Student	1750	2250	2750

Pre-Conference Workshop			
BLS	Sports Tapping	Team Physician	Sports Nutrition
1250	4000	1250	1250

### Bank Details

A/C Name : Thar Association of Sports Medicine  
A/C No : 50100017703664 IFSC Code : HDFC0000054  
Bank Name & Add. : HDFC Bank LTD, O 10 Ashok Marg,  
C-Scheme, Jaipur (302001) Rajasthan

## Expected Faculties

Dr. Jaspal Sandhu ( Patron IASM )  
Dr. Shweta Shenoï  
Dr. Asela Ratnayake (Singapore)  
Dr. Tvisha Parikh  
Dr. Kiran Kulkari (Chairman Medical Commission AIFF)  
Dr. Vivek Mathur  
Dr. Amrinder Singh  
More To Be Added To Elite Faculties

John Gloster  
Dr. Anup Krsihnan  
Dr. Vaibhav Daga  
Dr. Ashok Ahuja  
Dr. Thiagrajan Alwar

## ORGANIZING CHAIRMAN

### Dr. Vikram Sharma

President, Indian Association of Sports Medicine.  
Sports Medicine Consultant & DCO ( BCCI-IDTM )  
International Olympic Committee, Para Sports Association of Rajasthan.  
Consultant Arthroscopic and Sports Injury Surgeon,  
Head SportsMed- Fortis Escorts Hospital Jaipur.

Scan QR Code  
For Online Registration



## Conference Secretariat

SportsMed, Room No 5050, Fortis Escorts Hospital Jaipur  
Email – [sportsmedjaipur@gmail.com](mailto:sportsmedjaipur@gmail.com)  
Website – [www.tharsportsmed.com](http://www.tharsportsmed.com)